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Three-level monitoring of downlink 5G EMF exposure in urban and suburban regions at Attica, Greece

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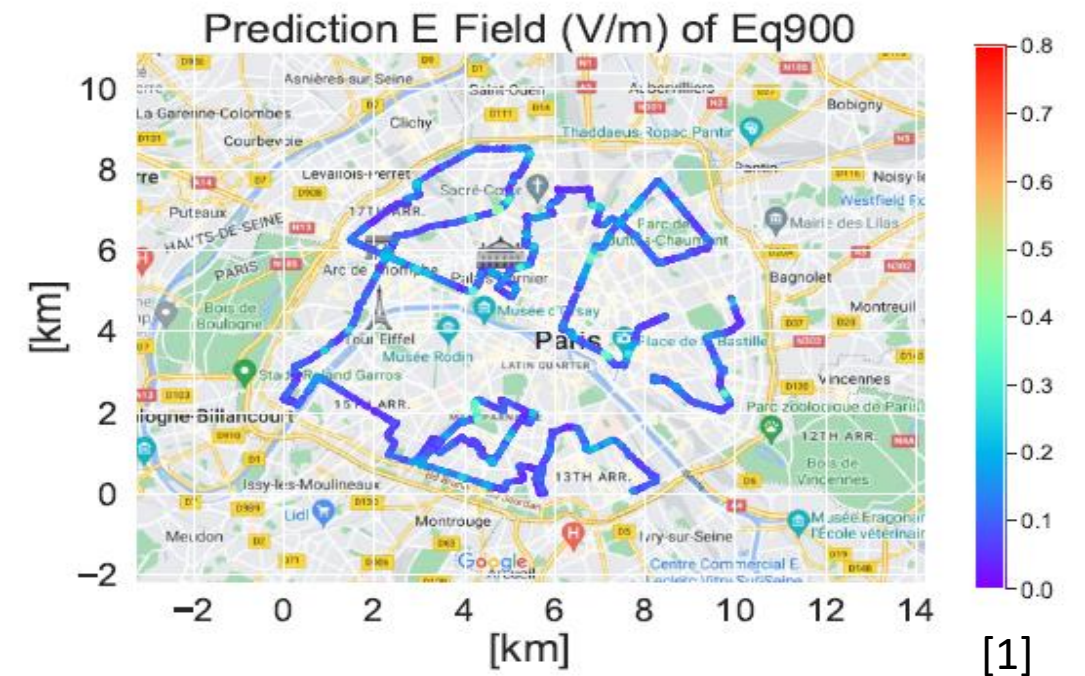
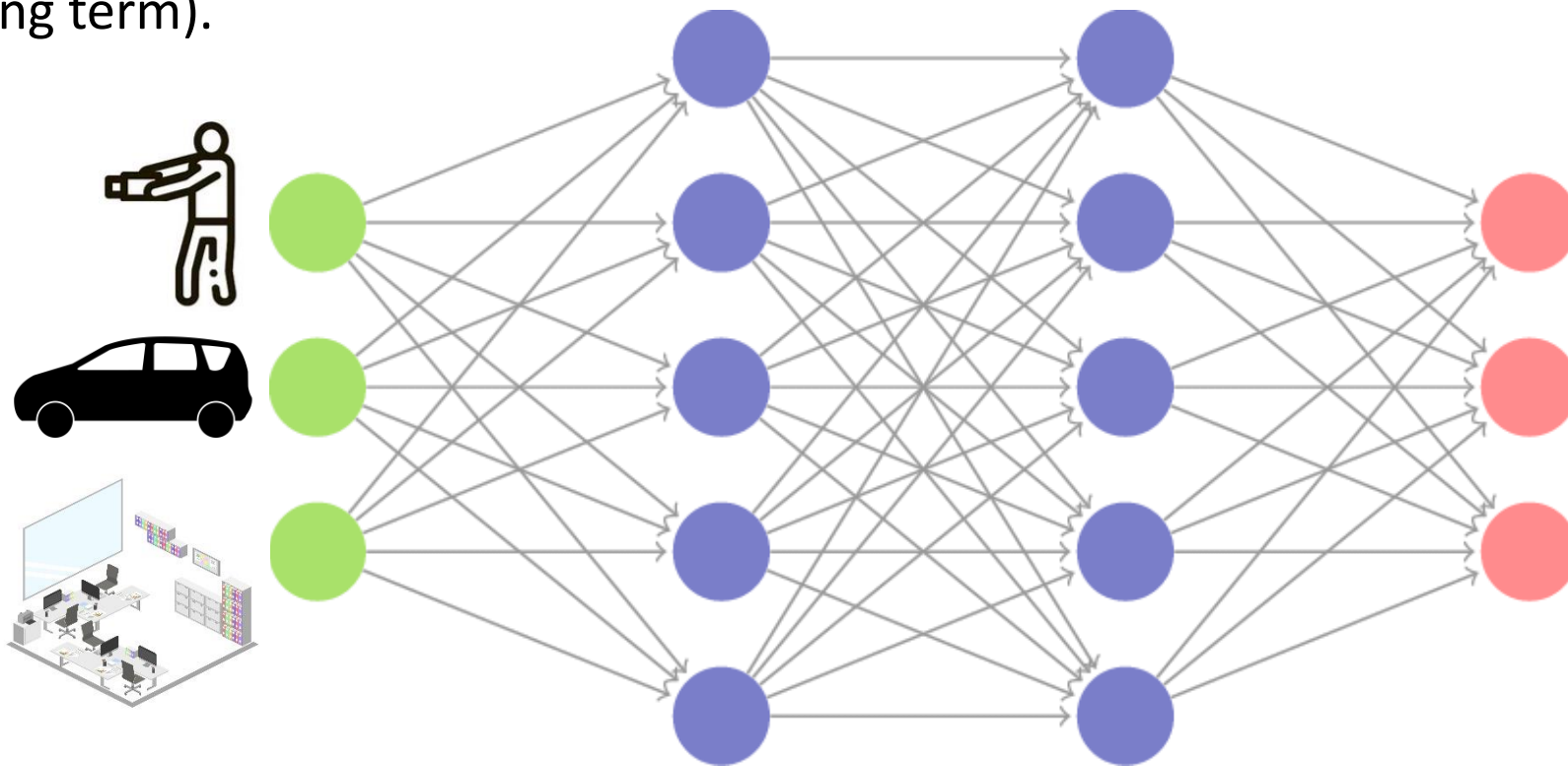
1. Background-Aim

MEASUREMENTS: Collecting data available in *different countries* from **in situ measurements (indoor/outdoor)** and **deployed monitoring networks** using distributed E-field sensors and performing **drive test measurements** to complement these data and citizen science data (mobile app).

PARAMETERS: **exposure vs. time and technology (new (5G) and emerging (beyond 5G))**

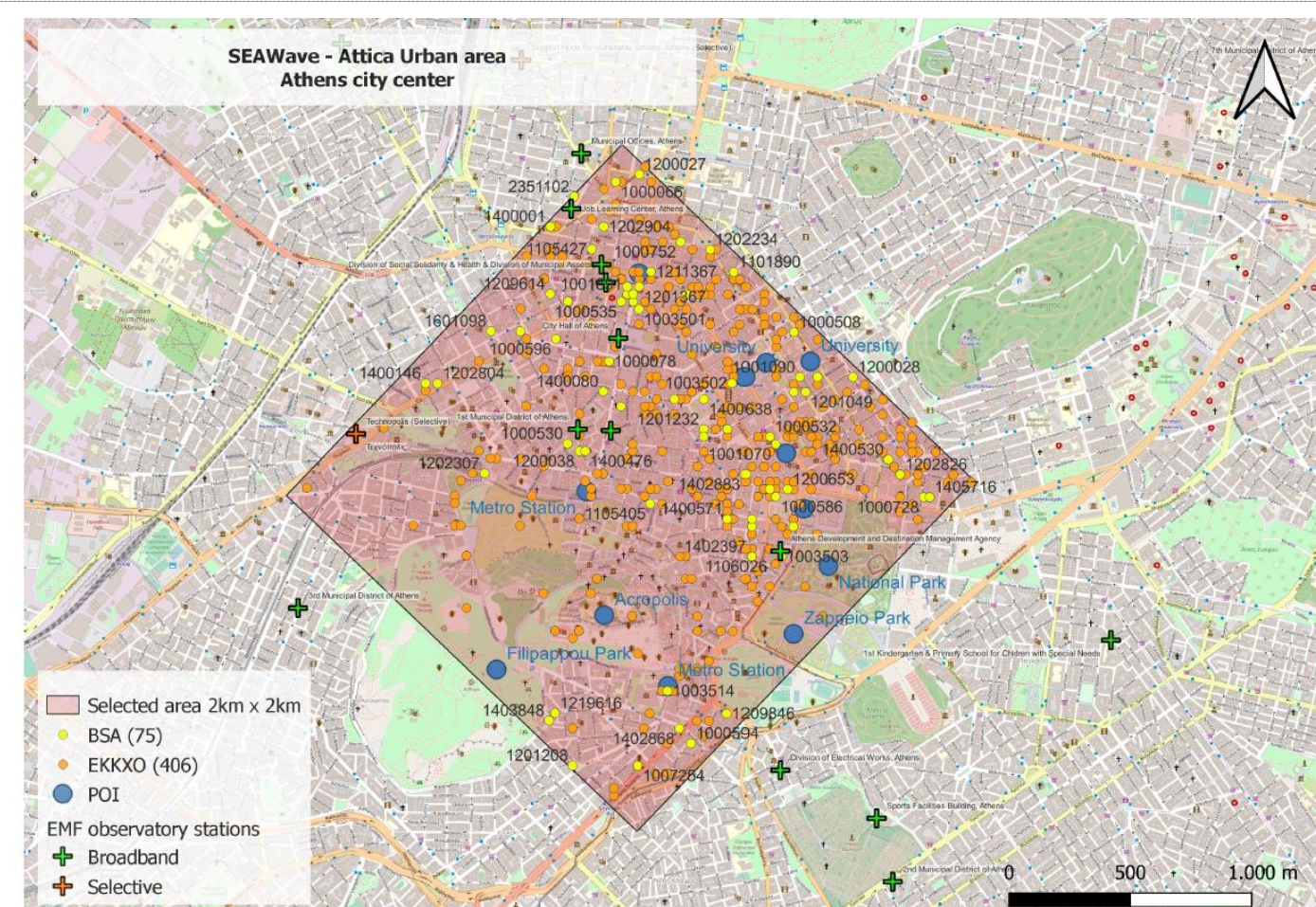
ANALYSIS: **ANN architectures** that combine measurements with communication network information available in open data (location and azimuth of the antenna) to **create RF maps using AI.**

OUTCOME: Building **'live' breathing maps of RF fields**, i.e., the spatial distribution that changes with time (short and long term).

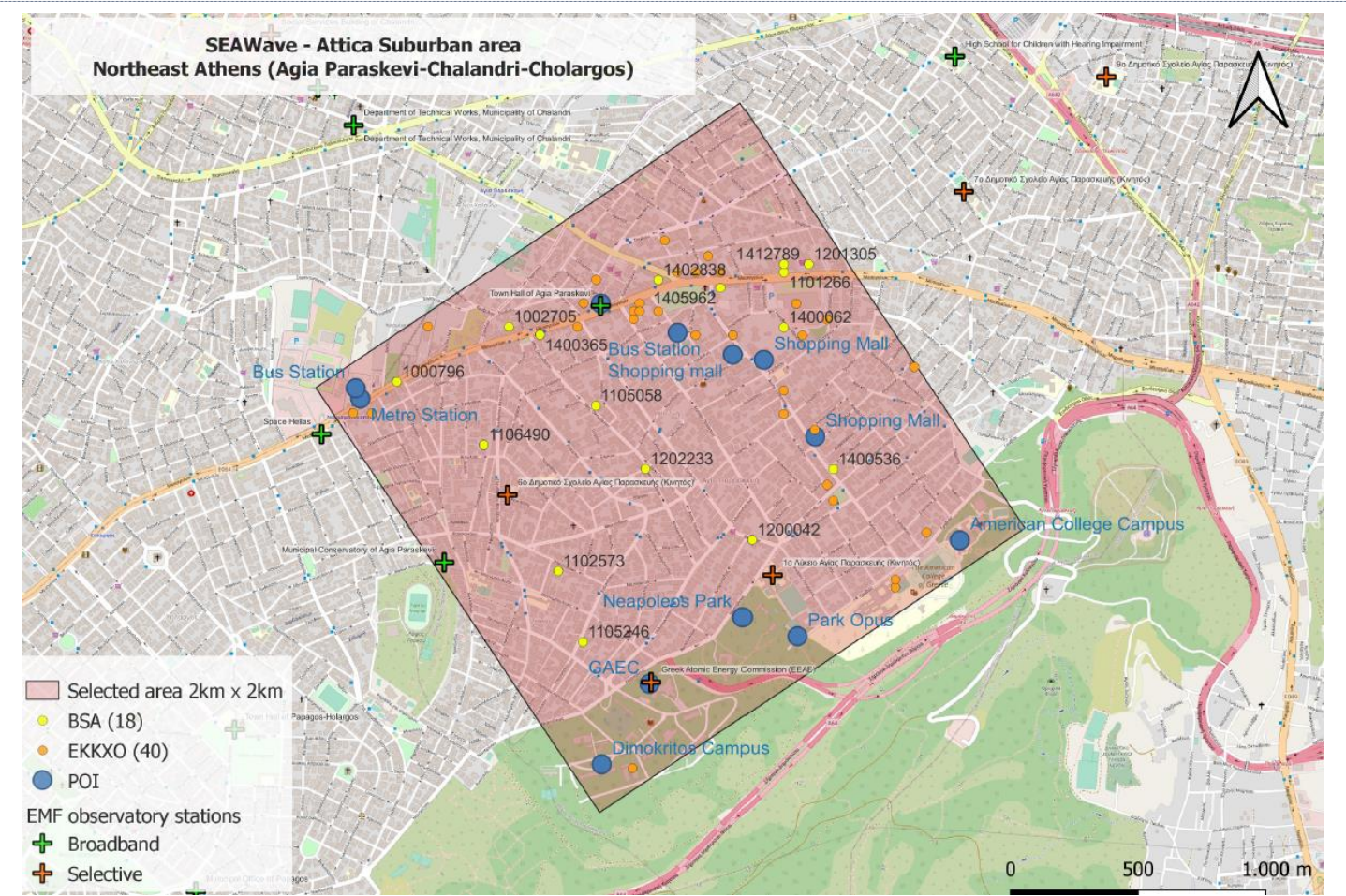


*The presented work is within the frame of SEAWave WP1: Exposures from 5G vs. 2G-4G Cellular Network.
Task 1.1: monitoring of downlink exposure induced by network infrastructure*

2. Materials & Methods (selected regions)



[urban] Athens city center | BSA+SCA~100



[suburban] Agia Paraskevi- Chalandri-Cholargos | BSA+SCA~15

BSA: Base station Antenna
SCA - EKKXO: small cell antenna installations, usually mounted on commercial signs, balconies and generally at low heights (classed as E2, E10, E100, E+)
POI: Points of interest (public buildings, metro stations, shopping malls, etc.)
EMF observatory stations (NOEF): broadband | selective

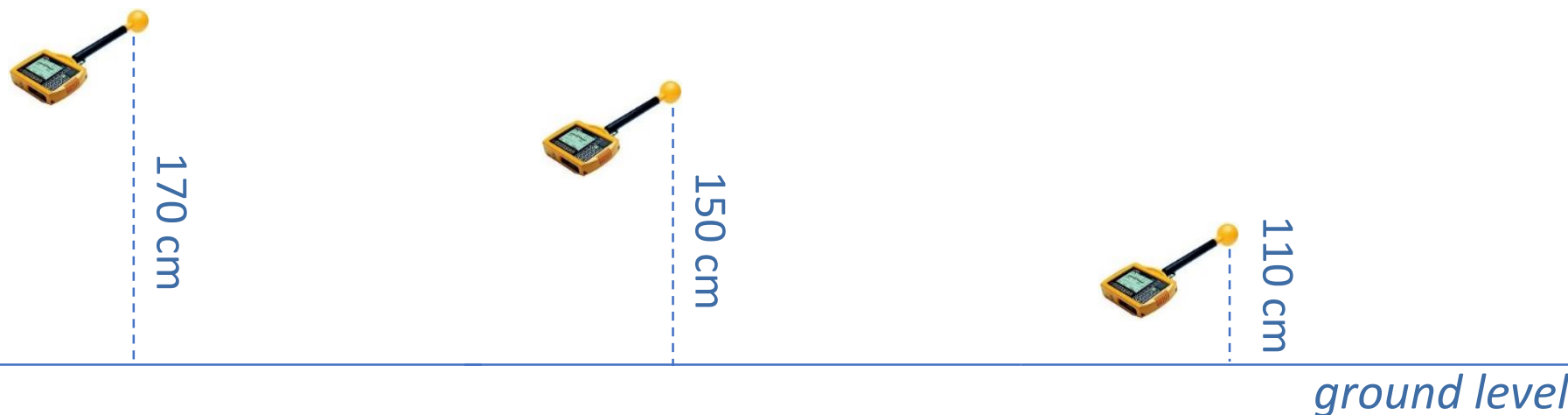
| Region | Municipalities | Surface (km ²) | No residents (2021) | of BSA+SCA density (antennas/km ²) |
|--------------------|------------------|----------------------------|---------------------|--|
| A. Attica urban | Athens | 39.0 | 637,798 | ~120 |
| B. Attica suburban | Agia Paraskevi | 7.9 | 62,147 | ~14.5 |
| | Chalandri | 10.8 | 77,102 | |
| | Papagou-Holargos | 8.6 | 45,266 | |

2 x 2 km²

2. Materials & Methods (in situ measurements)



- ✓ SRM-3006 [Narda] with two E-field antennas [27 MHz – 3 GHz, 420 MHz – 6 GHz]
- ✓ **DL measurements** for each provider in Greece
- ✓ **Broadband** inspection of the site in order to specify the local maximum values
- ✓ **Frequency selective measurements** at three successive heights: **110, 150, 170 cm**, where the averaged E-field value **over 6 minutes duration** is saved
- ✓ Spectrum analysis for **FR1 3.4-3.8 GHz**
- ✓ 5G coverage (>86% in Greece)^{5G Observatory}



In situ

200 measurement points

100 points in urban

100 points in suburban

2. Materials & Methods (drive tests & indoors)



Drive tests

1 urban (3 times)

1 suburban (3 times)

$N_{temp} = 2$

urban: 40 km route

suburban: 40 km route

- ✓ Tektronix RSA 306B, Narda SRM 3006
- ✓ Spectrum analysis: F_{min} : 750 MHz, F_{max} : 3.8 GHz (Tektronix, SRM-3006), RBW: 2-3 MHz, MR (measurement range): depending on the region
- ✓ The height of the SRM probe from the metallic car roof is approximately **50 cm**
- ✓ The height of the SRM probe from the ground level is approximately **2 m**

Indoors

44 points and 67 metro stations

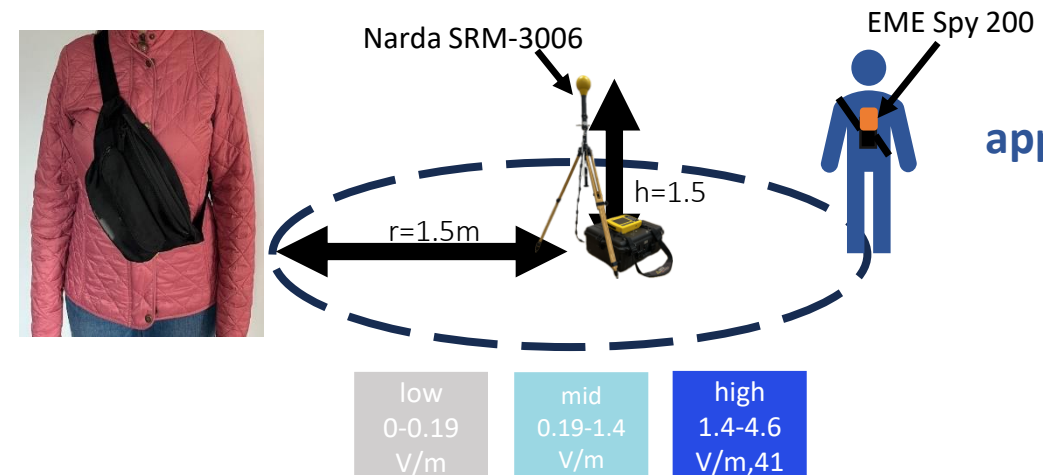
$N_{temp} = 2$

POIs: 111

metro stations (Attica): 67

- POIs
- Train/Metro station
 - Moving train/bus/tram
 - Shopping malls
 - Public buildings
 - University buildings
 - Residential apartments

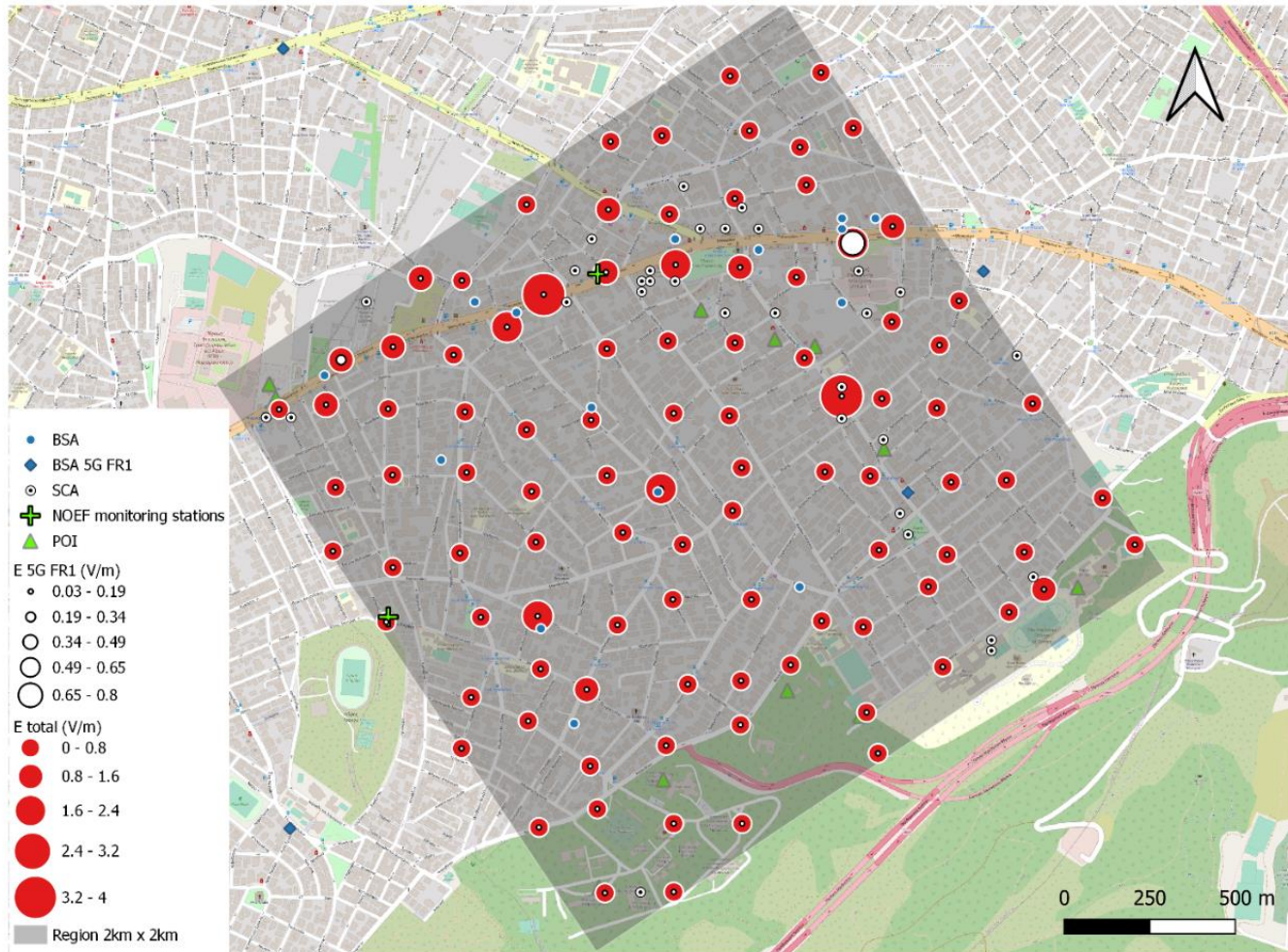
- ✓ **EME Spy 200 [MVG]** put in cross-body bag in front of the user's chest
- ✓ **measurement every 4 sec**
- ✓ mobile phone on flight mode, slow walking pace, each measurement lasts for **10-30 min**



applied correction factor α

$$\alpha = \frac{E_{srm}}{E_{spy}}$$

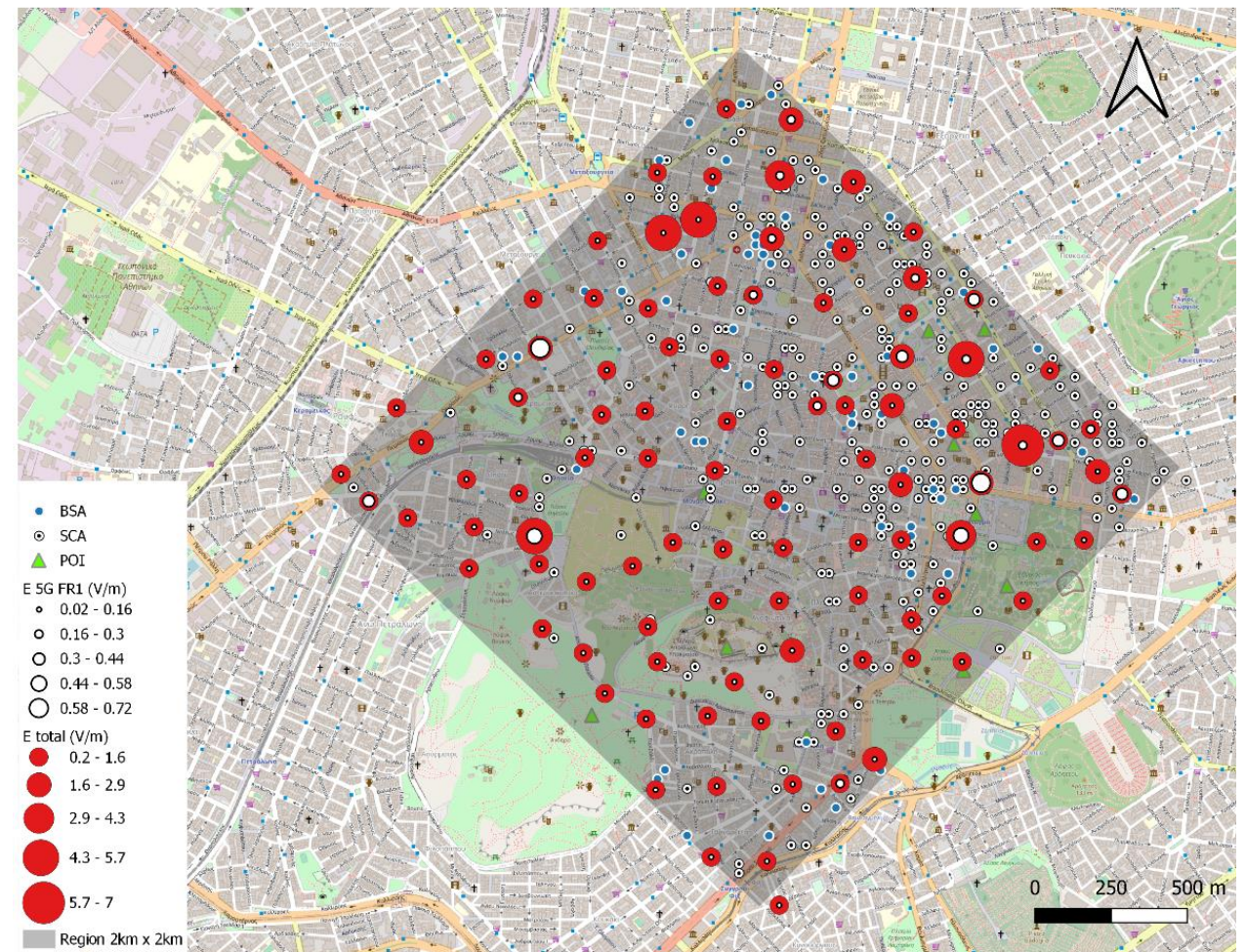
3. Results (in situ measurements)



Suburban (Agia Paraskevi-Chalandri-Cholargos)

E-field total [0.09-4 V/m]

E-field @ RF1 3.5 GHz [0.03-0.8 V/m]

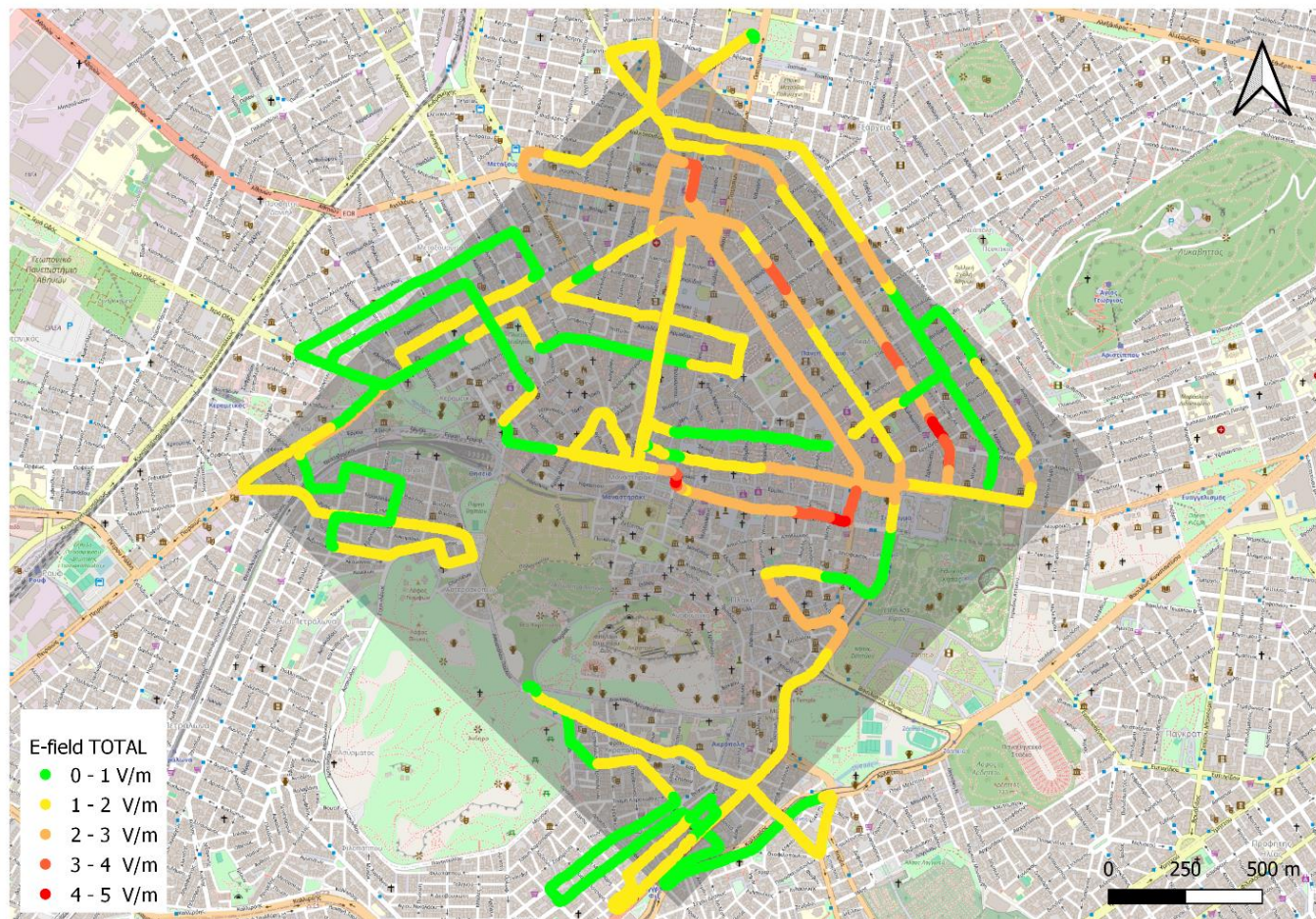


Urban (Athens city center)

E-field total [0.2-7 V/m]

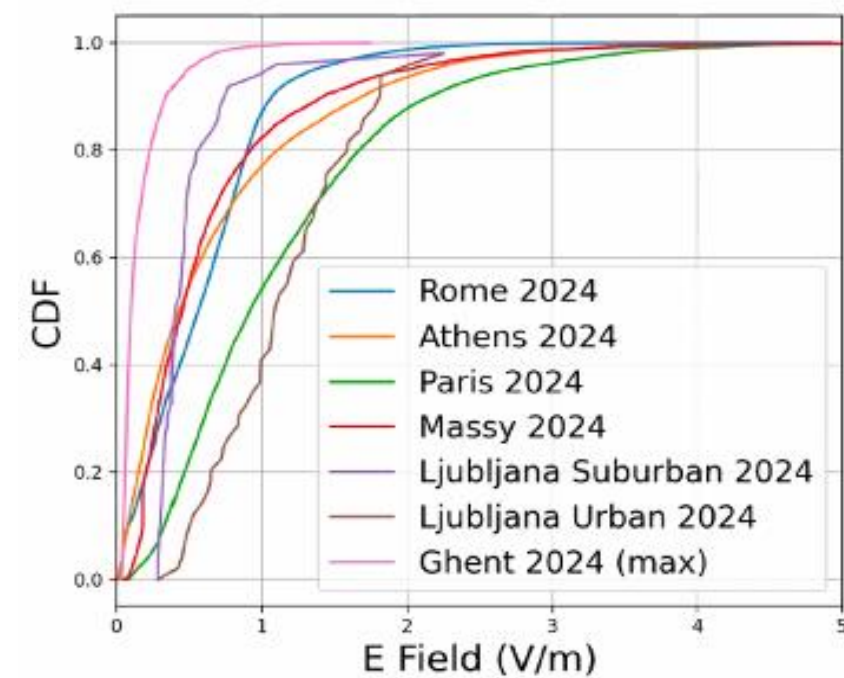
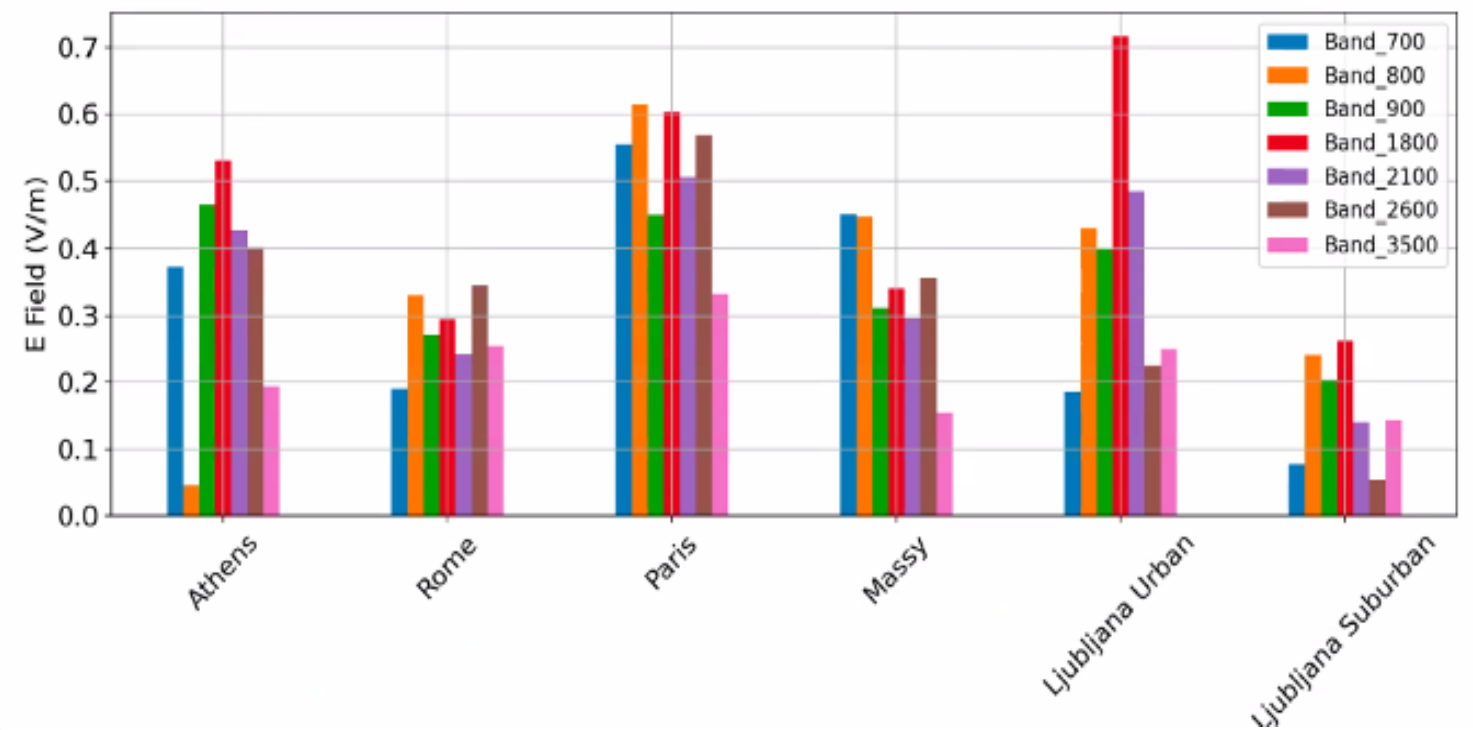
E-field @ RF1 3.5 GHz [0.02-0.72 V/m]

3. Results (drive test)

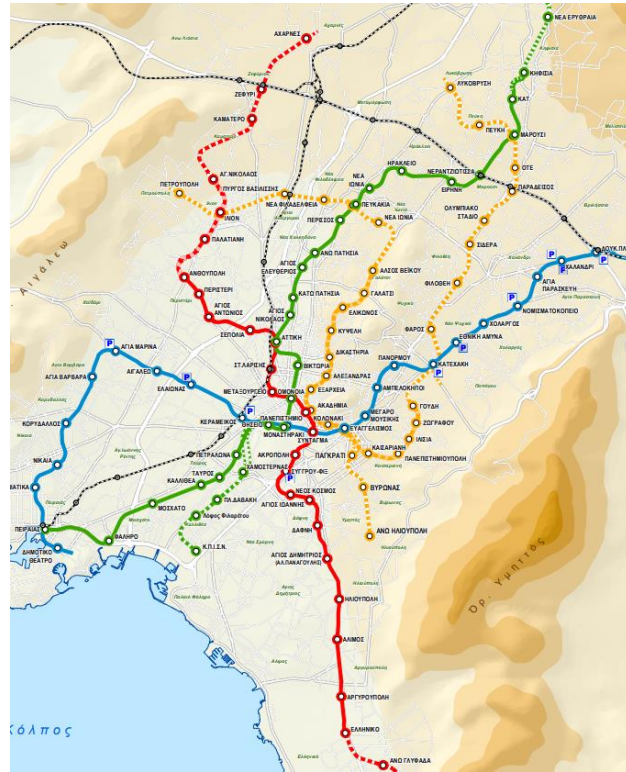


Athens (~40 km, weekday, morning)

Athens compared to other European cities



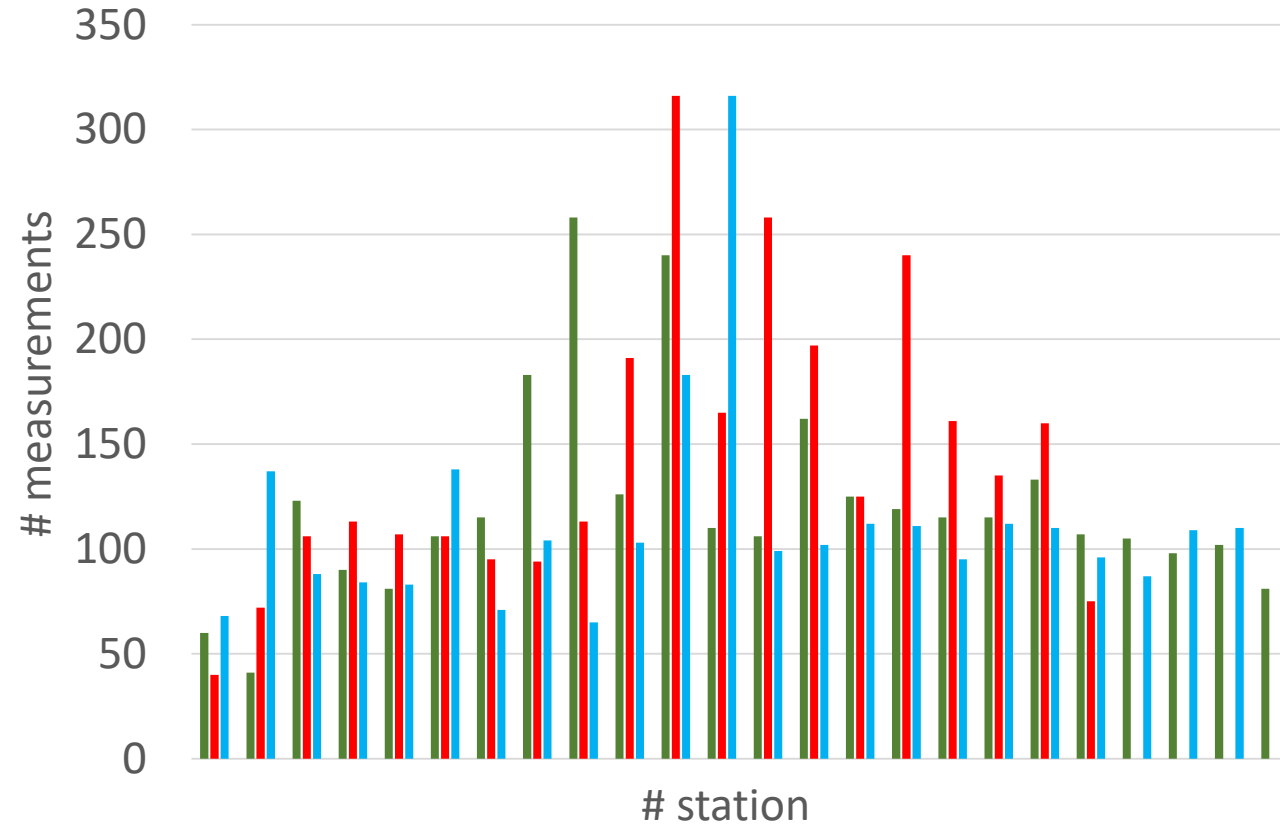
3. Results (indoors)



Line 1 (green)
24 stations
moving train

Line 2 (red)
20 stations
moving train

Line 3 (blue)
23 stations
moving train



$$E_{rms} = \sqrt{\frac{\sum_{i=1}^N E_i^2}{N}}$$

Summary of rms E-field (V/m) values at each line/stations or moving train at frequencies of mobile telecommunication services

| line/case | N | duration (min) | 791-821 MHz (DL) | 925-960 MHz (DL) | 1805-1880 MHz (DL) | 2110-2170 MHz (DL) | 2620-2690 MHz (DL) | 3300-3900 MHz |
|-----------------------|------|----------------|------------------|------------------|--------------------|--------------------|--------------------|---------------|
| 1/stations | 2901 | 193.4 | 0.422 | 1.814 | 1.558 | 0.721 | 0.290 | 0.122 |
| 1/moving train | 1460 | 97.3 | 0.245 | 0.778 | 0.859 | 0.539 | 0.261 | 0.210 |
| 2/stations | 2869 | 191.3 | 0.111 | 1.480 | 0.605 | 0.389 | 0.048 | 0.025 |
| 2/moving train | 619 | 41.3 | 0.017 | 0.507 | 0.215 | 0.225 | 0.026 | 0.020 |
| 3/stations | 2583 | 172.2 | 0.034 | 1.510 | 0.515 | 0.104 | 0.044 | 0.025 |
| 3/moving train | 1276 | 85.1 | 0.014 | 3.390 | 0.543 | 0.178 | 0.031 | 0.020 |

4. Conclusions



- ❑ Non significant 5G NR FR1 contribution to total E-field
- ❑ Differences in exposure levels at urban/suburban regions are directly connected to the population/antennas density/5G users
- ❑ Results from comparative drive tests in Attica are in compliance with other European cities
- ❑ Results in Athens metro dependent on the network planning and the small cell antennas' sites
- ❑ Indoor measurements: Issues to be studied in detail (by standers, moving train,...)

5. References

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7. Athanasios Manassas, Maria Christopoulou, Nikos Papanikolaou, Spyridon Delidimitriou, Theodoros Samaras, Efthymios Karabetsos, 5G NR FR1 contribution to the total EMF exposure levels during ground levels spot measurements in urban and suburban environment in Greece, *BioEM 2024*, Chania Crete, 16-21 June, 2024.