

2nd PANHELLENIC CONGRESS OF MEDICAL PHYSICS
4-6 OCTOBER 2024 | EUGENIDES FOUNDATION

Utilization of Nanoparticles for Treating Age-related Macular Degeneration: A Literature Review

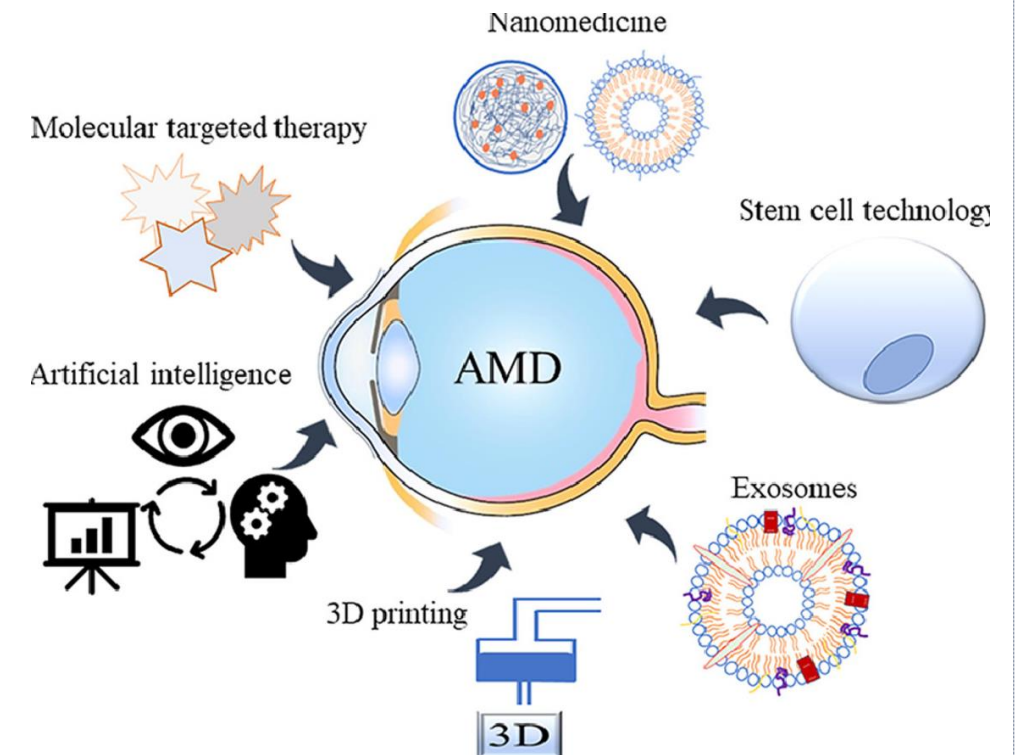
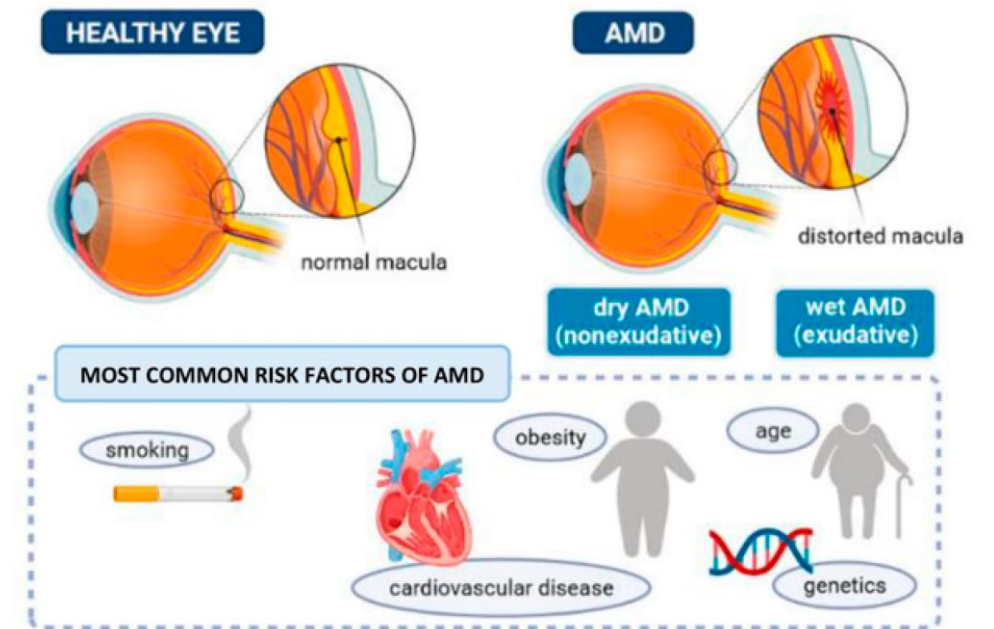
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1. Background-Aim

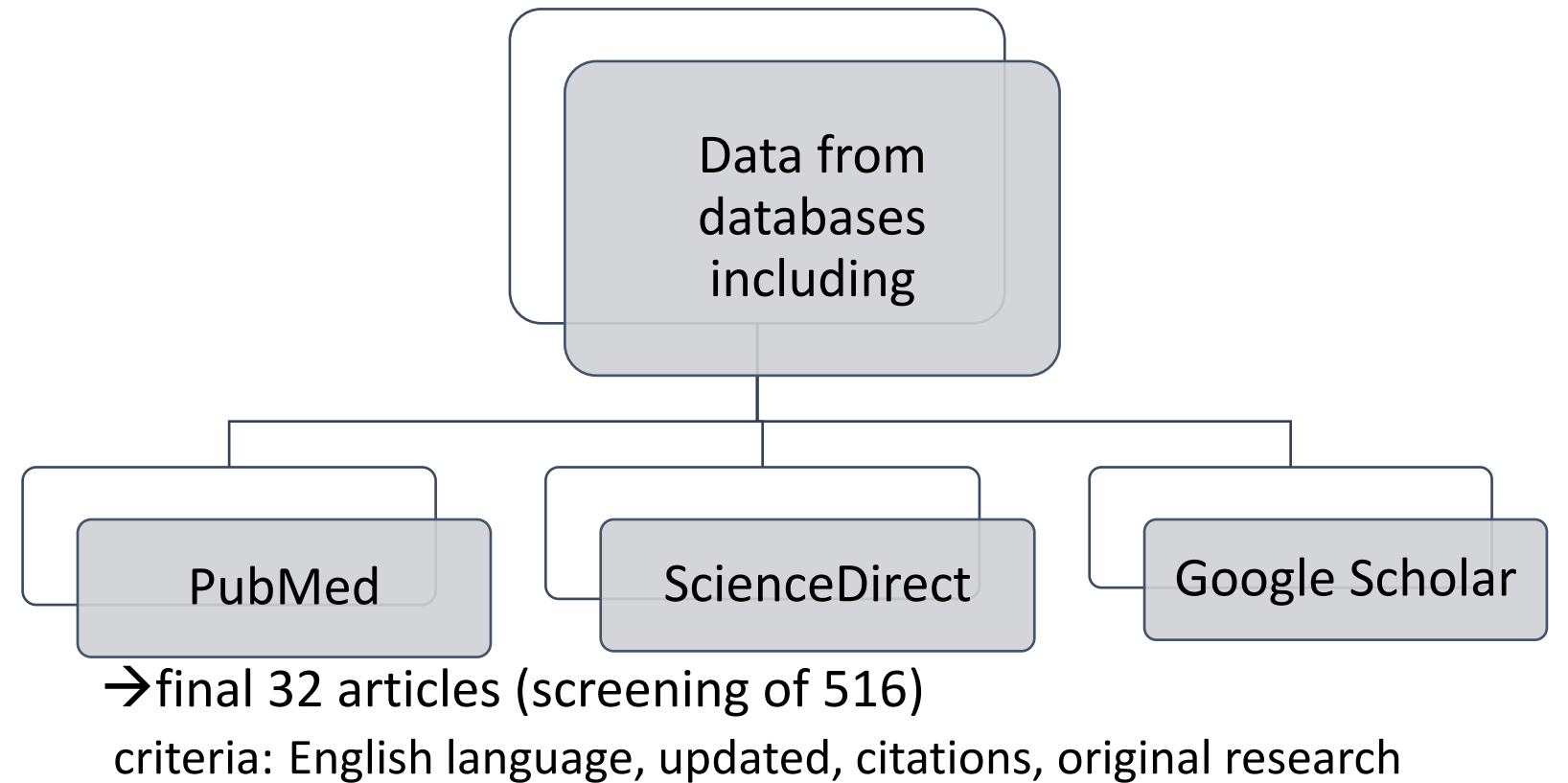
- Age-related macular degeneration (**AMD**) remains a **leading cause of vision loss worldwide**.
- **Traditional treatments** like anti-VEGF therapy provide **limited improvements**.

- Nanomedicine offers promising potential to transform the treatment paradigm for AMD.
- Nanoparticle-based drug delivery systems enhance treatment efficiency.
- Prospects include precision therapy and reducing side effects



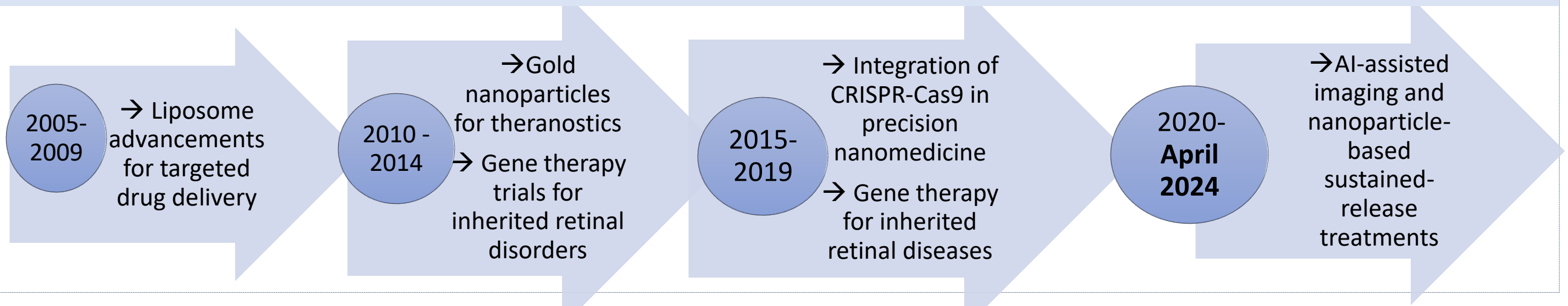
2. Materials & Methods

This narrative literature review evaluates the current state of nanomedicine in the therapeutic management of AMD.



Literature search: Up to April 2024

→ How do various nanomaterials and delivery strategies could enhance AMD treatment?

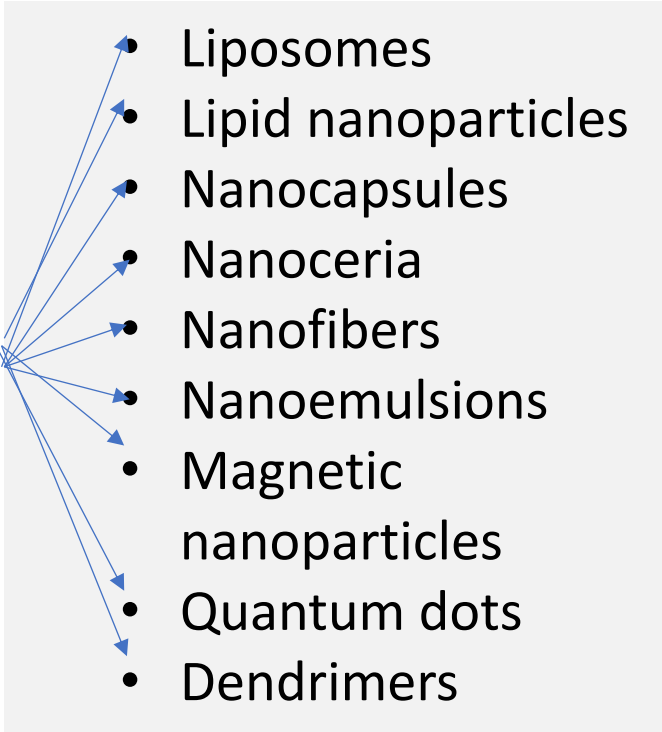


3. Results

Significant advancements in the use of diverse nanocarriers

in various forms such as

- Intravitreal therapies
- Drops
- Gels

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- Liposomes
 - Lipid nanoparticles
 - Nanocapsules
 - Nanoceria
 - Nanofibers
 - Nanoemulsions
 - Magnetic nanoparticles
 - Quantum dots
 - Dendrimers

Applications

→ Deliver treatments such as VEGF siRNA and steroid-loaded formulations

→ Gene therapy, utilizing non-viral vectors

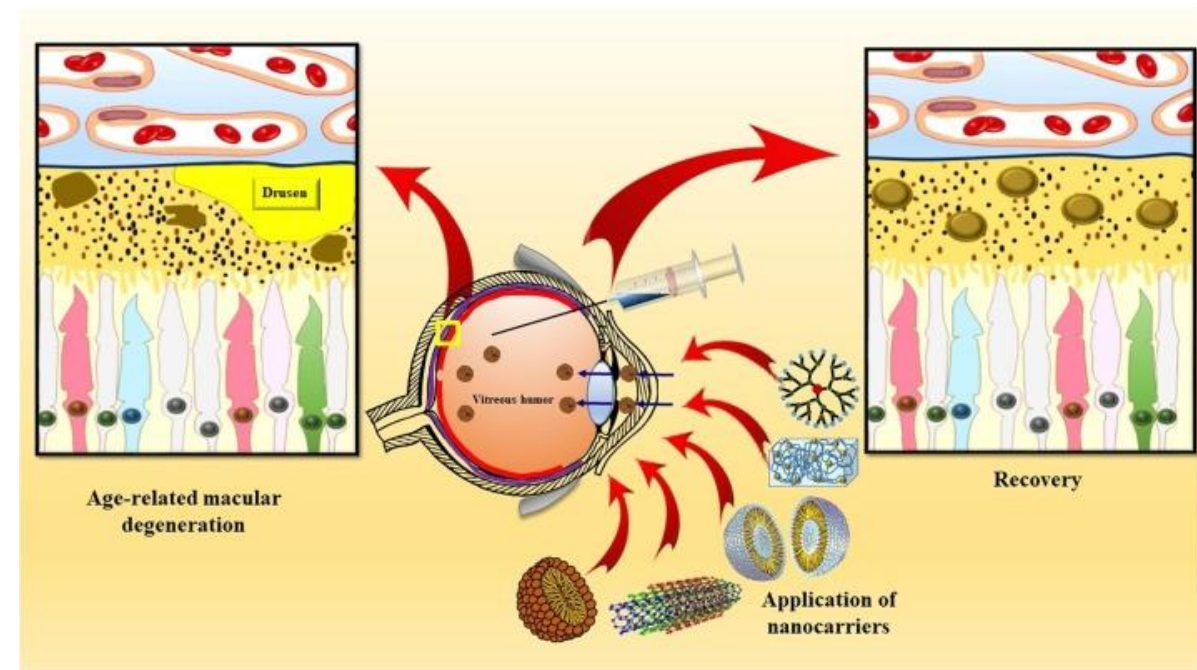
→ Photodynamic therapy, radiosurgery enhanced by nanophotonics for treating neovascular AMD

→ Light-responsive nanoparticles for controlled drug release

4. Conclusions

Nanotechnology-based therapies offer potential for

- ✓ more targeted
- ✓ efficient
- ✓ minimally invasive treatments for AMD
- ✓ potentially improving visual outcomes
- ✓ patient's quality of life



→ Despite **promising preclinical results**, the clinical translation of these nanomedicine strategies remains limited.

→ Continued research and well-designed clinical trials are essential to fully realize the potential of these advanced nanotechnologies in clinical practice.

5. References (indicative)

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